



DISPOSAL OF MEDICATION

Avoid unintended injuries and abuse by disposing of unused medication immediately and safely

Smart Disposal

Prescription/ Over-the-Counter Medications

1. Never flush or pour unused medications down a sink or drain.
2. Place all medication, solid or liquid, in a sealable plastic bag.
3. Add a small amount of water to the bag and mix gently. Helps dissolve the medication.
4. Add something undesirable to the bag. (Example cat litter, coffee grounds)
5. Dispose of sealed bag in household trash.

Storing Medication Safely

1. Place all medication, including Over-the-Counter and vitamins high up and out of sight.
2. Always lock the child safety cap completely after every use.
3. Remind all houseguests to never leave medication in coats, bags or other reachable places. Show them where to safely store their medication.
4. Never refer to medication as candy to children.
5. Keep the national poison control number handy.
1-800-222-1222

Source: www.otcsafety.org (Over the Counter Medicine Safety)

For information on local efforts to prevent drug abuse contact the ADAPT Coalition of Columbiana County 330-424-0531
www.adaptcoalition.org