

A PAP SMEAR IS NOT A PELVIC EXAM

It's important for you to see your doctor for both examinations. Here's what you need to know:

FOR PAP

FOR PELVIC

How often do I need it?

**EVERY
3-5 YEARS**

DEPENDING
ON AGE

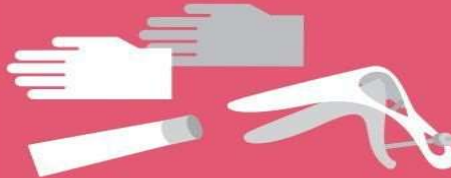
YEARLY

(IT'S OPTIONAL
SO TALK TO
YOUR DOCTOR)

What is used?



Speculum, small spatula and brush



A speculum, gloves and lubricant

What happens?



Speculum opens the vagina and the spatula and brush collect cervix cells



Inspection of vulva, vagina, cervix and anus, done visually and by touching

Why is it important?



Screens for cervical cancer



Detects infections, diseases, cysts and fibroids

sheknows